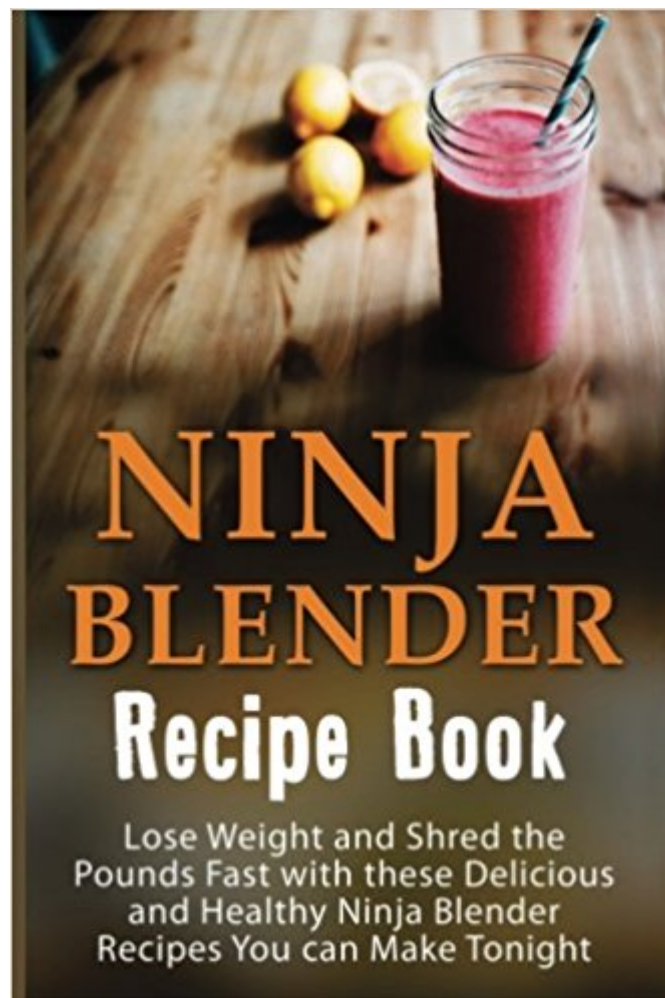


The book was found

Ninja Blender Recipe Book: Lose Weight And Shred The Pounds Fast With These Delicious And Healthy Ninja Blender Recipe Book Recipes You Can Make ... Recipes, Ninja Blender Cookbook) (Volume 1)





Synopsis

Lose Weight Quick And Burn Fat With These Delicious And Healthy Ninja Blender Recipes You Can Make Tonight You're about to discover some of the most delicious and tasty ninja blender recipes known to man! Just reading these mouth watering recipes will make you want to whip out your blender and start preparing. Ninja Blenders are a lifesaver! Not only can you muddle up ingredients as required, you now have the luxury to let your Ninja blender separate pits from the fruits for you. Ninja Blenders are very easy to use, all it takes is a press of a button, and that's it. The recipes in this 'Ninja Blender Recipe Book' are ideal if you're considering trying to lose weight. The ingredients used in the book are low fat, high on protein and fibre content and loaded with antioxidant properties for you to feel healthy and detox.

Book Information

Series: Ninja Blender Recipe Book, Ninja Blender Recipes, Ninja Blender Cookbook

Paperback: 74 pages

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Customer Reviews

This book provides some great ideas for beginners and the experienced as well. I feel it gives a great idea on what combinations to use, as well as the opportunity to try pairings for your smoothie you didn't consider prior. I also like the fact that these recipes are healthy and all natural and that you can also doctor them and make them your own, adding your special touch to them and adding other healthy ingredients. This is a good book that I'd love to memorize eventually and even create new recipes of my own from. I received this item for free in exchange for my honest and unbiased review. My opinions and views are 100% my own, and are no way sponsored, or

compensated for.

I love this book. Super recipes

I love smoothies, and this book help me a lot in making my own smoothies. Another recipes to lose weight. If your blender makes great smoothies, you can also use these recipes. This book has a good recipes. It helps me get through the day and i really love smoothies - mostly the lose weight recipes. Two thumbs up!!!

Wanted to try different nutritious and delicious weight loss drinks? Try this Ninja Blender Recipe Book, it has a lot of simple recipes that will guide your way to your dream, lose weight and stay healthy.

I use to own a juicer that was hard to clean and it seem to take out the part that was healthy for you. So a year ago or so my son talked me into this Ninja and I did my homework liking all the features we purchased a Ninja blender. My son used almost daily and he did really good with losing weight. Now that I am able to make smoothies again I was to use good nutritious dense food to help with weight loss. The Book "A NINJA Blender Recipe: Lose weight and shred the pounds fast."I like the recipes for making smoothies with the correct proportions. Has 83 pages and 31 recipes This book helps me find a variety of recipes so I do not get bored and give up on what My goal is to lose weight.I received this item for free in exchange for my honest and unbiased review. My opinions and views or 100% my own, and are no way sponsor, or compensated for.

Great book with a plethora of great recipes. I think if anyone uses these recipes they would loose weight and become healthier. This should be in everyone's collection. Easy to use Ninja makes life easier in so many ways!! Check it out. I received this free for my honest review and I highly recommend it!!!

Has some good recipes

It is a great book everyone would enjoy it

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Ninja Blender Recipe Book: Lose Weight And Shred The Pounds Fast With These Delicious And

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